

The ORCCA study aims to monitor clinical outcomes in athletes diagnosed with cardiac conditions at risk for sudden death.

Sudden cardiac arrest (SCA) is the leading cause of sudden death in competitive athletes during sports and exercise. However, the natural history and risk profile of cardiac disorders among athletes is incompletely understood.

The collection of more complete outcomes data will improve management of athletes diagnosed with a cardiac condition, inform safe sports participation, and delineate the downstream impact of pre-participation cardiovascular screening programs. This study will examine the shared decision-making process and monitor cardiovascular outcomes, sports and physical activity levels, mental health, and quality of life in athletes with cardiac conditions.

The ORCCA study is supported by the American Medical Society for Sports Medicine (AMSSM) and the American Heart Association (AHA).

**BE
HEART
SAFE**

**ARE YOU A COLLEGE,
SEMI-PROFESSIONAL,
PROFESSIONAL, ELITE OR
NATIONAL ATHLETE
DIAGNOSED WITH A
CARDIAC CONDITION?**

HELP US LEARN MORE.

REGISTER WITH ORCCA.



ORCCA

**OUTCOMES REGISTRY FOR
CARDIAC CONDITIONS IN ATHLETES**



ABOUT ORCCA.

JOIN THE STUDY.



The American Medical Society for Sports Medicine, American Heart Association, and UW Medicine Center for Sports Cardiology proudly support ORCCA.

HOW TO REGISTER



REGISTERING FOR THE ORCCA STUDY

FAQs

Step 1

Register yourself or a patient/athlete at
orccastudy.org/register

Step 2

You'll be contacted by the ORCCA study team

Step 3

Complete Informed Consent and HIPAA
authorization forms

Step 4

Enroll in the study and complete questionnaires



ORCCASTUDY.ORG



Information for Physicians, Athletic Trainers, Parents and Coaches

You can register for the ORCCA Study on behalf of an athlete in your care, providing they meet the criteria. All potential participants will be contacted by our study team and provided more information and informed consent before enrolling.

Enrollment criteria include:

- Age 18 to <35 at time of enrollment
- Eligible cardiac diagnosis or eligible borderline finding (diagnosed at any time)
- Participating in competitive sport (collegiate, semi-professional, professional, elite, national) at time of enrollment or within the last 2 years, including athletes that returned to sport, stopped voluntarily, or were excluded from sport

Simply follow the 4-step process on the back of this leaflet. In step 1, please fill out the **'Register a Patient/Athlete'** online form.



What is the ORCCA Study?

This is a registry study, meaning researchers will collect data from young athletes with cardiac disorders over time to learn more about the condition. The researchers will compile a complete medical history of young competitive athletes with a cardiac disorder that places them at risk of sudden cardiac arrest to guide future care and treatment options.

Who is eligible to enroll?

Any competitive athlete age 18–35 who has a cardiovascular diagnosis associated with sudden cardiac arrest or cardiac abnormality of uncertain significance. This also includes athletes that returned to sport, stopped, or were excluded from sport.

How does one enroll?

To enroll, register at orccastudy.org/register. If you are registering yourself, fill out the **'Register Yourself'** form or if you are registering on behalf of someone please fill in the **'Register a Patient/Athlete'** form.

Can I change my mind?

Being part of the study is voluntary and you can change your mind at any time. This will not affect your status on your team sport.

For more FAQs please visit
orccastudy.org/register/#faqs